

EUREKA HIGH SCHOOL STAFF

Administrators

Principal
Angela Shull Assistant Principal
Rob Standish Assistant Principal

Athletics

Ed Sonia Assistant Principal/
Athletic Director
Eric Giacone Asst Athletic Director

Attendance Office

Jeanne Woods Attendance Clerk
Camille Sathrum Attendance Clerk
Karen Severn Nurse
Scott Mauroff GRIP Coordinator

Counseling Office

Aaron Coyle Counselor
Sarah Cruz Counselor
Enrique Gomez Counselor
Nancy Rodgers Student Info Supt Spec
Rachel Bass Indian Ed Site Lead

Custodial

Mike McReynolds Francisco Olmos
James Adams Robert Patterson
Joe Fowler Luis Perez-Martinez
German Godoy Nate Jones
Matt Thompson Tomas Lopez
Shaun Baker

Finance Clerk

Theresa Nelson

Food Services

Becki Mann Elizaveth Ramirez
Nikaela Walters Colleen Wicklander

Instructional Assistants

Amy Gonzalez Sonja Still
Tina Kastler Balenda Thrash
Britt Pruyon Angela Velasquez
Candes Harris Ruthie Yehle
David Ross Lindsey Stone
Kayla Jewell
Kim Walford-Bergel

Library

Savannah Polizzi District Librarian
Janine Adams Library Tech

Main Office

Talia Ciarabellini Principal's Secretary
Kimberly Swan Secretary
Sarah Hallowell Secretary
Cara Hedding EL Tech
Katie Levy EL Tech
Tammy Williams Vocational
Mike "On a Bike" Pregler Vocational
Campus Supervisor

School Resource Officer

Eureka Police Department

Psychologist

Records Office

Tina Traylor

Faculty

Anthony, Denise - Art
Bass, Mike - P.E.
Baugh, Rebecca - Science
Biegel, Donna - English
Bird, Jeff - P.E.
Boeing, Brian - Science
Boyer, Lucia - Science
Brodkey, Maya - Credit Recovery/ English
Brown, Darcy - Art
Bush, Jamie - Social Science
Cavazos, Ariana - Math
Clower, Dana - Math
Cox, Ashlynn - Science
Cox, Chris - Music
Dean-Mervinsky, Jennifer - Social Science
DeHart, Kaitlan - English
Devlin, Katie - Special Education
Donahue, Cherie - Culinary
Fowler, Jennifer - Special Education
Franklin, Brooks - Math/AVID
Gensaw, James - Yurok
Kattab, Omar - Social Science
Kuehn, Dustin - Math
LaRochelle, Melinda - English
Learnmouth, Tommy – Special Education
LeGar, Sarah - Special Education
Lovio-Coley, Alysia – Math
Magana, Stacey - Fresh Seminar/ Spanish
Matson, Carrie - Special Education
McFarland, Caroline - English
Mengel, Alicia - Science

Mitchell, Sean - Auto & Social Science
 Montana, Garrett - P.E.
 Morris, William - English
 Muldoon, Matt - Math
 Olson, Tim - Spanish
 Parker, Craig - Social Science
 Powe, Michael - Math
 Reyna-Torres, Hilda - Spanish
 Rivera, Rafael - Spanish
 Sanchez, Tera - Science/AVID/Student Gov
 Sarvinski, Alissa - Agriculture
 Smith, Brenda - Math
 Staack, Aaron - Art
 Staiano, Katerina - German
 Staiano, Mauro - English
 Stevens, David - Wood
 Storm, Eric - Special Education
 Talmadge, Aimee - English
 Tenorio, Julio - English
 Thornburgh, Joel - Math
 Valdez, Melaina - P.E.
 Voss, Nan - English/ Theater
 Wheeler, Jason - Special Education
 White, Julia - AVID
 Wright, Laura - Special Education
 Young, Charles - Music
 Zabierek, Kristina - Special Education

Counseling Office **441-2591**
 College information
 Registration
 Report cards/ progress reports
 Scholarship information
 Student schedules/ records
 Testing information
 Transcripts

Library **441-2520**
 Check-out books and Chromebooks
 Return or replace books and Chromebooks

Finance Office **441-2537**
 Advanced placement (AP) test fees
 California Scholarship Federation dues
 Dances/Proms
 Free/Reduced Lunch Program
 Graduation Cap & Gown
 Payments for lost or damaged textbooks
 Sports Awards
 Student Body Cards
 Student Body Purchase Orders
 Yearbooks

Main Office **441-2508**
 Administration
 Calendar events
 General information
 Student/staff bulletin
 Work permits
 Facility requests

Principal's Office **441-0262**

CAMPUS CONTACTS

Athletics Office **441-2525**
 Athletic packets
 Sports schedules

Attendance Office **441-3352**
 Clearing absences
 Off ground permits
 Lost & found (also in P.E. dept.)
 Tardy passes
 Student phone
 First aid office

www.eurekacityschools.org

It is the policy of Eureka City Schools not to discriminate on the basis of race, religion, color, national origin, ancestry, handicap, medical condition or other protected disability, marital status, sex, age, or any other unlawful basis in its education programs, activities, or employment practices as required by Title IX of the 1972 Education Amendments, Section 504 of the Rehabilitation Act of 1973, the California Fair Employment and Housing Act and applicable laws and regulations. The policies contained in this planner represent a condensed version of the policies of Eureka High School. The complete version, which is updated bi-annually, is available on the EHS web page at www.eurekacityschools.org. A complete set of the California Education Code is available on the California Department of Education web page.

BELL SCHEDULES

Monday Collaboration Day:

Zero Period	7:37 AM – 8:24 AM
1st Period	8:30 AM - 9:21 AM
2nd Period	9:27 AM - 10:16 AM
Break	10:16 AM - 10:26 AM
3rd Period	10:32 AM - 11:21 AM
4th Period	11:27 AM - 12:16 PM
Lunch	12:16 PM - 12:49 PM
5th Period	12:55 PM - 1:44 PM
6th Period	1:50 PM - 2:39 PM

Zero Period	7:37 AM – 8:24 AM
1st Period	8:30 AM - 9:31 AM
2nd Period	9:37 AM - 10:37 AM
Break	10:37 AM - 10:47 AM
3rd Period	10:53 AM - 11:53 AM
4th Period	11:59 AM - 12:59 PM
Lunch	12:59 PM - 1:32 PM
5th Period	1:38 PM - 2:38 PM
6th Period	2:44 PM - 3:44 PM

Regular Day:

ACADEMIC INFORMATION

ACADEMIC HONESTY POLICY

Students at Eureka High School are expected to maintain high standards of academic conduct. Academic dishonesty is considered a serious offense at Eureka High School.

Shared Responsibility

- It is the teacher/school's responsibility to inform students of this policy and to follow the required actions.
- It is the student's responsibility to abide by the terms of this policy.
- It is the parent/guardian's responsibility to support the terms of this policy.

The following are specific forms of academic dishonesty/misconduct which won't be tolerated:

Cheating on Tests/Exams

Any intentional giving of or use of external assistance relating to an examination, test, or quiz without express permission of the teacher is not appropriate. This includes looking at another student's paper, sharing answers, or copying another student's paper.

Unauthorized Collaboration

While collaboration is often encouraged, unauthorized collaboration is not permitted.

Plagiarism

Any intentional representation of another's ideas, words, or work as one's own without giving credit to the original author is plagiarism. Plagiarism includes the misuse of published material, electronic material, and/or the work of other students. The original writer who intentionally shares his/her paper for another to copy, without the permission of the teacher, is also engaged in plagiarism.

Alteration of Records

Any intentional and unauthorized alteration of school, student, or teacher records including but not limited to: grades, attendance and discipline records.

Transfer of Unauthorized Materials

Any giving, taking, or selling of materials that are not your own by electronic means or otherwise.

Disciplinary Actions

First Violation

- The student will receive an "F" on the assignment or test with no opportunity for make-up assignments to replace the "F."

- The teacher will confer with the student, notify the parent of the incident and its consequences, and make a log entry in PowerSchool.
- A referral will be made to administration (20+ fees).
- The student may be dropped during the current semester from the California Scholarship Federation (CSF) if the student is a member of that organization.

Second Violation

- Consequences as listed in the first violation and one or more of the following:
 - A conference will be scheduled with administrator, parent, teacher, and student.
 - The student may be suspended for up to three days.

Altering teacher/school records

- A referral to administration will be made.
- A parent conference will be scheduled.
- The student may be suspended for up to five days.
- The student may be referred to SARB (School Attendance Review Board)
- Law enforcement may be contacted.
- Loss of co-curricular/extra-curricular leadership position for a minimum of one year.
- Possible removal from class if related to a specific course.
- Mandated removal from class with a grade of “F” if a student altered records while serving in the capacity of Classroom Assistant.
- The student may be dropped from the California Scholarship Federation (CSF) if the student is a member of that organization.

HONOR ROLL

Students with a 3.0 or better grade point average per semester are placed on the Eureka High School Honor Roll. There are no meetings or dues associated with Honor Roll. The purpose of the Honor Roll is to recognize these students for their academic performance during the previous semester.

TRANSFER OF COLLEGE COURSES FOR HIGH SCHOOL CREDIT

1. Students must fill out an EHS and College Concurrent Course Request Form before enrolling in a college course. At the end of the semester it is the student’s responsibility to request a transcript be sent to EHS to receive the transfer credit.
2. When transferring a college course, the college credits will be multiplied by 3 1/3, up to a maximum of 10 credits for a single college course. (In other words, a 3 unit college course is calculated as 3 college units x 3 1/3 = 10 high school credits. A 4 unit college course will receive 10 credits as well, due to the 10 credit maximum.)
3. College courses designated as UC/CSU transferable, by the resident college, will receive weighted credit (5 grade point scale) at EHS when computing a student’s Academic Grade Point Average (AGPA). While credits towards graduation *will* be awarded, non UC/CSU transferable courses *will not* be used to calculate a student’s AGPA.
4. When calculating a student’s AGPA, the maximum number of courses that will be calculated into the AGPA cannot exceed the maximum number of Advanced Placement (AP) and Honors courses a student can take in four years at EHS. AGPA will be calculated using EHS AP and Honors courses first, then transferable college courses will be included up to the maximum allowable for the graduating class. While credits towards graduation *will* be awarded, transferable courses beyond the maximum allowed *will not* be calculated into the AGPA.
5. Once a college course has been transferred to a student’s high school transcripts, it cannot be removed from the student’s transcript, even if so requested by the student.
6. Since college courses are meant to supplement, not supplant the high school curriculum, EHS will not accept transfer requests for courses that can be taken at the high school, unless, given exceptional circumstances, the course is pre-approved by counseling and administration.

Honors and Advanced Placement classes available for 2022-2023

Advanced Agriscience Honors
AP Environmental Science
AP Calculus
AP Composition
AP Government

AP Literature
AP Spanish IV
AP Statistics
AP US History
AP World History

Honors Chemistry
Honors German IV
Honors Sophomore English
Math Analysis Honors

Dual Enrolled classes with College of the Redwoods for 2022-2023 (EHS class - CR class)

Accounting - BUS 180
AP Comp - Engl 1A
Freshman Seminar- GS7
Welding - WT53
Wood 2/3/4 - CT21A

DISCIPLINE AND ATTENDANCE

STUDENT BEHAVIORAL EXPECTATIONS

Every student has the right to be educated in a safe, respectful and welcoming environment. Every educator has the right to teach in an atmosphere free from disruption and obstacles that impede learning. The school environment should be characterized by positive interpersonal relationships among students and between students and staff. To that end, the District has implemented a school wide Positive Behavior Intervention and Support (PBIS) program grade TK – 8 with similar expectations in grades 9 – 12.

PBIS is based on research that indicates the most effective discipline systems use proactive strategies designed to prevent discipline problems. Eureka High School annually develops a plan to promote a safe, positive learning environment that includes: teaching positive school rules; implementing a social emotional skills enhancement program; positively reinforcing appropriate student behavior; using effective classroom management; providing early intervention and support strategies for misconduct; and appropriate use of logical and meaningful consequences.

Student Behavioral Expectations provide additional guidance to students, parent caregivers, teachers and administrators regarding appropriate behavior. It is only with the collaboration of everyone who has a stake in the education of our youth that we can succeed in creating learning environments that are conducive to optimum academic achievement for all.

STUDENT BEHAVIOR EXPECTATIONS

Students are expected to learn and model our District Student Behavioral Expectations, follow all school and classroom rules and demonstrate appropriate social skills when interacting with both adults and peers. When behavioral expectations are not met, the student is expected to work to improve behavior.

1. BE SAFE

- I am responsible, like everyone else, for maintaining safety at school.
- I engage in activities that are safe and report any known safety hazards.
- I help maintain a clean and safe campus that is free of graffiti, weapons, and drugs.
- I report any bullying or harassment.
- I avoid conflicts and physical or verbal violence.

2. BE RESPECTFUL

- I treat others the way I want to be treated.
- I respect laws, rules, and school authority.

- I treat people fairly and respect their rights.
- I respect private and public property.
- I am honest with myself and others.
- I avoid spreading rumors or gossip.
- I respect each person's right to be different and I look for the good in others.

3. BE RESPONSIBLE

- I take responsibility for my actions.
- I choose how I respond to others.
- I return what I borrow to the same person, in the same condition.
- I give my best in everything I do.
- I come to school regularly and on time, ready to learn.
- I help to create a positive school environment.

DRESS AND GROOMING CODE

Dress and grooming affect the attitude of students in their work and study habits and contribute to a productive learning environment. Students should wear safe, modest clothing which is not disruptive to the educational process. The primary standards for student dress and grooming are to be neat and clean while at school and to comply with the District dress and grooming standards. These guidelines shall be in effect on campus, at any school sponsored event or activity or while going to or coming from school except where modified by the site administrator for specific extracurricular activities or specific cases. School administrators reserve the right to make an informed judgment on the appropriateness of student attire and may prohibit specific attire when behavior from students warrants the need to do so.

- Students must wear clothing including both a shirt with pants or skirt, or the equivalent, and shoes.
- Shirts and dresses must have fabric in the front and on the sides.
- Fabric covering buttocks, genitals and breasts must not be transparent (see-through).
- Hats and other headwear must allow the face to be visible and not interfere with the line of sight to any student or staff. Hoodies must allow the student face and ears to be visible to staff. No sunglasses may be worn indoors.
- Clothing must be suitable for all scheduled classroom activities including physical education, science labs, wood shop, and other activities where unique hazards exist.
- Specialized courses may require specialized attire, such as sports uniforms or safety gear.
- Clothing may not depict, advertise or advocate the use of alcohol (excluding Humboldt County restaurants/family establishments), tobacco, or drugs.
- Clothing may not reference genitals nor depict profanity, pornography, nudity, vulgarity or sexual acts.
- Clothing may not use or depict hate speech targeting any individual or group based on economics, ethnicity, gender, gender identity, intelligence, race, religious affiliation, sexual orientation or any other protected groups.
- Clothing must not threaten the health or safety of any student or staff.
- Clothing may not depict or advocate violence, criminal activity, race superiority or hate speech.
- Any attire identified by ECS Administration as gang related is not allowed

CELL PHONES/ELECTRONIC DEVICES

Our goal is to teach respectful and responsible use of technology at Eureka High. Each teacher will clearly communicate their classroom expectations regarding phones and other electronic devices. Students are expected to follow classroom rules and expectations regarding when they can or cannot use their phone or electronic device.

If a student violates a teacher's classroom policy:

- First offense - phone goes to the office. The student may pick up at the end of the day.
- Second/third offense - phone goes to the office and parent or guardian may pick it up at the end of the day.
- Fourth and up - parent and student meet with an Assistant Principal.

USING THE PROPER LANGUAGE REGISTER FOR SCHOOL

There are varying levels or "registers" of language from very formal, like when citizens recite the Pledge of Allegiance, to very informal, like the way close friends speak to each other in private. At EHS the proper language register lies somewhere in the middle and is known as "Consultative" language. It is the form of communication used by professionals at work, and is the proper form of communication used at school. The key to good consultative language is to speak politely and without the use of offensive and vulgar words.

ATTENDANCE

Student attendance remains the number one factor affecting the overall academic achievement. Teaching students the discipline they need in order to be successful beyond high school is one of our main jobs. Students must understand early in their high school career the consequence for poor attendance. In fact, good attendance is the number one issue the private sector identifies as making a good employee.

Students are required by law to be at school, in class, on time, everyday. The State of California has a very limited list of excusable absences:

1. Illness
2. Quarantine
3. Medical, dental, optometrical, or chiropractic services
4. Funeral for a member of the family
5. Jury duty
6. Justifiable personal reason, including but not limited to:
 - a. An appearance in court
 - b. Observance of a holiday or ceremony of his/her religion
 - c. Attendance at religious retreats (limited to four hours per semester)
 - d. An employment conference when the pupil's absence has been requested in writing by the parent or guardian and approved by the Principal or a designated representative pursuant to uniform standards established by the governing board.
7. When the pupil is the custodial parent of a child who is ill or has a medical appointment during school hours.

Students must clear all absences within three days of returning. Absences not cleared in that time will become a cut (20 minutes per period on the "No Go" list). As required by law, students with three or more accumulated days of cuts will automatically receive an attendance letter through A2A, our attendance tracking system. Medical excuses over three days may require a note from a medical provider.

ATTENDANCE EXPECTATIONS

- Students will be in their seats prepared for instruction when the tardy bell rings.
- Students arriving tardy to class will accrue 10 minutes on the NO-GO list.
- Students with a cut (an absence that remains unexcused after 3 days) will accrue 20 minutes on the NO-GO list.

COMMUNICATION

- Minute totals will be displayed on the bulletin board near the counseling office by student locker number and on PowerSchool. They will be updated every Monday and Thursday and sent to teachers and coaches.
- It is the student's responsibility to track their minutes.
- Students with 200 minutes or more will be contacted at home by the auto dialer every Tuesday preceding a Saturday School.
- Minutes will not be zeroed out at the end of grading periods or end of year.
- Students may not bank minutes.

WARNING STAGE

- Students with 40 to 70 minutes will be placed on the Warning List and should attend an after-school detention to stay off the NO-GO list.

NO-GO LIST

- Students with more than 70 minutes will be placed on the NO-GO List.
- Students on the NO-GO list will not be allowed to participate in any extracurricular activity except for classroom specific field trips that are during that class's normal class time only or see EC35160.5(a)(4)
- Students on this list will need to attend after-school detentions or Saturday School in order to get off the NO-GO list.

AFTER SCHOOL DETENTION

- Students should attend after school detention in order to keep their minutes below 70 and be qualified to participate in extracurricular activities.

SATURDAY SCHOOL

- Students who accrue 240 minutes or more will need to attend a Saturday School.
- Accumulation of more than 240 minutes constitutes an act of defiance and may be treated as a discipline issue.
- If students are assigned a second Saturday School, the parent/guardian will be required to attend a discipline/attendance contract meeting.
- Ongoing unwillingness to meet the attendance expectations for Eureka High School will be treated as a discipline issue on a case by case basis.

TARDIES

When a student is tardy for class, the teacher will note this in PowerSchool. This will automatically result in 10 minutes. Teachers may choose to give additional consequences based on their classroom policy.

HALL PASSES

Students are required to have a visible hall pass when out of class during class time. Students should come to class prepared.

WORK PERMITS

Work permits are issued to students through the Main Office. Work Permits are temporarily restricted if a student's GPA drops below a 2.0 (C average). Work Permits will be revoked if grades fall below a 1.0 GPA (D average). Re-issuing of the permit occurs at the next grading period if the GPA improves to a 2.0 or above.

COUNSELING SERVICES

We are fortunate to be able to offer excellent school counseling services to our students and families. Services offered are:

- Academic/educational planning
- T-2-4 Planning for post-high school education
 - T = Trade, Technical School or Military training
 - 2 = 2 year Community College
 - 4 = 4-year College or University
- Financial aid and scholarships information
- Parent—teacher conference facilitation
- Student– teacher conference facilitation
- Peer conflict mediation
- Restorative practices
- School orientation
- Classroom based career and interest exploration
- Resource and referrals (on and off-campus)

Counselors may provide referrals to outside agencies. Agency fees may vary, but some will provide services on a low-cost or sliding scale.

ACCESSING THE COUNSELORS

A parent/guardian who wishes to see a counselor should call or email for an appointment. A student should email or stop by the office and fill out a “Request to see a Counselor” slip. The student will then be contacted by the counselor. Eureka High students are assigned by their last name to a counselor.

SCHEDULE CHANGE POLICY

Our goal is to create a college going and career ready culture. This policy reflects educational practices at the educational institutes our students will be attending after graduation.

Number of Required Classes

Zero period is considered an extra period. The required numbers of courses listed below are specific to periods 1-6.

6 classes at EHS

6 classes at EHS

6 classes at EHS

6 classes at EHS

Students can request a 5 period day if the following criteria are met. This request must be submitted the first week of the school year for either semester.

To qualify students must:

- Have a minimum of 180 credits at the beginning of their senior year.
- Be listed on the “Excellent,” “Satisfactory,” or “Manageable” attendance list at the end of their junior year.

In addition two of the following:

- Enrolls in a college course through concurrent enrollment and submits proof of enrollment from the college.
- Scores “Exceeds” or “Meets” the standards on English and Math CAASPP tests in 11th grade.

- Has a minimum 2.5 academic cumulative grade point average.
- Has a job with a work permit on file at EHS and verification from the employer.
- Has participated in and will continue to participate in at least 2 school sports

Schedule Changes During or Before First Week

Students may request schedule changes through the Counseling Office in the weeks leading up to a new semester. During the first week of a new semester, students can submit written requests to the counseling office for academic purposes only and changes will be reviewed through a petition process. Students can also add a course within the first week of the semester with a petition. Counselors will help students with gaps in their schedules before addressing change requests. After the first week of the semester, schedule change requests will not be accepted. On occasion, administration may need to change a student's schedule.

NOTE TO PARENTS/GUARDIANS

In order to help ensure success, it is important for the parents of high school students to remain actively involved with their students' educational plan and school activities during their four years at Eureka High. When you have a question or concern about your student's progress please contact the counseling office.

COLLEGE AND CAREER EXPO

The College and Career Expo is an annual event organized by North Coast CalSOAP in September and supported by Eureka High School. This event is for all area high school students and their parents/guardians. Over 60 local, state and national colleges, universities, apprenticeship, and technical programs come together for this large advanced training fair.

OUTSIDE RESOURCES

The Marshall Family Resource Center: (707) 441-2404

2-1-1 Humboldt: Community Referrals and information: (707) 441- 1001, 877-460- 6000

DHHS Adolescent Treatment Program- Substance Use Disorder Services (707) 441-3773

The Raven Project: Clothing/Hygiene Resources: (707) 443-7099

The National Suicide Prevention 24-hour for suicidal crisis or emotional distress: 1-800-273- 8255

Sempervirens 24-hour crisis line: (707) 445-7715

Transition Age Youth: TAY: (707) 476-4944

Youth Services Bureau: 24-hour support 444-2273

THE INDIAN EDUCATION PROGRAM, TITLE VI

This is a federally funded program. All American Indian/Alaska Native children in grades 9-12 are invited to fill out a 506 enrollment form. The 506 form must be completed and signed by the student's parent or guardian. Please contact the Indian Education Program office to review the Title VI ED 506 Indian Student Eligibility Certification Form for the definition of membership or if you have questions by calling: (707) 441-2508 ext 2857.

HEALTH SERVICES

A school nurse is on call every day. The school nurse's responsibilities are to provide emergency care, daily care, attend IEP's, 504's, perform mandated screening tests, TB tests, contagious disease control, develop health curriculum, make referrals to community agencies, and provide crisis intervention.

ILLNESS DURING SCHOOL

If a student becomes ill during school hours, they should request a pass from the teacher to go to the school nurse. The nurse will determine the best course of action. If it becomes necessary for a student to leave school due to illness, they must check out through the Attendance Office.

MEDICAL EMERGENCIES

When first aid beyond the basics is administered to a student, parents are notified and procedures are carried out in accordance with their directions. It is the parent's responsibility to arrange for further medical care. In a serious or life threatening situation, 911 is called first and then the parent is notified.

MEDICATIONS

No medication (including aspirin) will be given to a student without a completed "Consent to Administer Medication at School" form on file. This applies to over-the-counter as well as prescription medication. The medication must be furnished to the nurse in the original container labeled with the student's name. The "Consent to Administer Medication" form is also required when students carry medication such as an asthma inhaler.

EXTENDED ABSENCES

Parents should notify the school nurse at the first indication their student may have an extended absence due to illness or injury. Home and hospital instruction is available for students unable to attend school for three or more weeks for medical reasons. A physician's excuse is required for this program.

EMERGENCY CARDS

Blank Emergency Information Cards are sent home at the beginning of each school year in the important information packet. A new card must be filled out and returned to school for each student every year. Any changes during the year on this emergency card should be updated through the Main Office.

EXTRA CURRICULAR

ELIGIBILITY

Any student involved in a co-curricular activity must be eligible for the event. Students must meet the following criteria:

1. 2.0 GPA (simple GPA) from the previous grading period (Q1, S1, Q3, S2)
2. Have no more than one "F." Students can use a waiver once during high school (for sports or extracurricular, not one for each) for the GPA requirement only. Waivers will be noted in PowerSchool.
3. Students must be off the NoGo List prior to the event.

MANDATORY REQUIREMENTS FOR ATHLETICS

- Current year physical must be on file. Physicals may be obtained from your family doctor. Call for an appointment in early August. Copy of physical must be on file before the first practice starts.
- Athletic contract, insurance papers and related paperwork all completed for participation in athletics.

All required paperwork is to be turned into the Athletics Office. GPA eligibility or ineligibility becomes effective the first Monday following the day grades are issued to students.

The Athletic Director, Advisor, and/or administration determine eligibility.

SCHOOL ATHLETICS

FALL SPORTS

Cross Country

Varsity and JV Football

Girls Tennis

Varsity and JV Volleyball

Varsity and JV Cheer

Girls Golf
Varsity and JV Boys Soccer
Varsity and JV Girls Soccer

WINTER SPORTS

Boys Var, J.V. and Freshman Basketball
Girls Var, J.V. and Freshman Basketball
Boys Wrestling
Girls Wrestling
Varsity and JV Cheer

SPRING SPORTS

Boys Varsity and J.V. Baseball
Boys Golf
Girls Varsity and J.V. Softball
Boys Tennis
Track & Field

LOGGER CARD

This fundraising card entitles the holder to great deals on pizza, fast food and special discounts at local businesses. The cards are available from students or the Finance Office. Proceeds are used to help fund the weight room, scoreboards, field maintenance, uniforms and other athletic projects and needs, along with clubs.

EVENT ADMISSIONS

Eureka High School is a member in good standing of the Humboldt-Del Norte Athletic League. Admission prices are established by the HDN League and are charged for most athletic events.

GAME SCHEDULES

Schedules are available in the Athletics Office. Times and fees are subject to change

TRYOUTS

Sign-ups are held for all sports and are announced in the Daily Bulletin. If you have questions, contact the Athletic Director or coach. Tryouts for fall sports are held during the summer with the exception of cheerleading. Cheerleading tryouts and selection are held in the spring. Students who sign-up for fall sports are notified of try-out information by mail during the summer. Winter and Spring sports sign-ups and tryouts are held during the school year.

REQUIRED PAPERWORK

Registration packet for athletics needs to be completed and submitted before tryouts.

TRAVELING

All athletes must travel to and from away games on school arranged transportation. If a student has a JPA 21 form on file they may transport themselves to and from local games only. An athlete may be released to his or her parent/ guardian at the site of the game.

LENGTH OF PRACTICE

Each sport has its own practice schedule. But usually they are 1 ½ - 2 hours in length and held after school.

LETTERS AND JACKETS

At the end of the season, EHS letters are awarded to qualified students who play a varsity sport. Students who receive letters may choose to purchase an EHS Letter Jacket to display their letter. Jackets are available locally at Sport & Cycle.

SPORTS BANQUETS

At the end of each sport season, athletes are celebrated at a special banquet. Letters are awarded at this time.

CAMPUS CLUBS AND ORGANIZATIONS

Listed below are most of the EHS clubs and organizations. New ones are formed periodically depending on student interest. To obtain information about a particular club, students should read the Daily Bulletin or contact student government.

Asian & Pacific Islanders Club: Aloha! Our mission is to share cultures while building a caring community at Eureka High School. Mahalo.

Aspire: Provides hands-on learning opportunities for students in Special Education.

Student Athlete Advisory Council: Student representatives from each sport will be nominated by the coach/team.

AVID: Promotes college readiness.

Book: Share and discuss literature.

BSU: Black Student Union meets once a week to provide a safe space for black students and allies to talk and grow through community activities, school activities, movie nights, and other educational and recreational activities; BSU welcomes everyone to join who enjoys talking, eating, and laughing with good people.

Chess: Play chess and discuss strategy.

California Scholarship Federation (CSF): Statewide membership in the California Scholarship Federation Honors Society.

DECA: A club designed to promote leadership and small business skills by organizing and implementing small projects.

Drama: Theater games and productions. Education and outreach to the school and community regarding drama.

Future Farmers of America (FFA): A program promoting farming careers. Show animals at the fairs and maintain work projects throughout the year.

Future Faces of Medicine: A wonderful resource for EHS students interested in pursuing a career in the medical field to gain exposure and experiences such as volunteer positions, internships, shadowing opportunities, and other programs/resources.

German: Students who are interested in the German language and culture.

Healthy Body Healthy Mind Club: Our purpose is to spread positivity and make healthy lifestyles more attainable in our community.

K-pop / Hip-Hop Club: Our mission is to spread happiness through fun exercise by dancing to Kpop and Hip-Hop music!

Latin X Club: The LatinX Club's mission is to recognize and celebrate our Latinx students, their cultures and the important role they play in our community.

Math Club: The purpose of Math Club is to provide a fun and comfortable space for students interested in math and math competitions to meet, to support and help students who may be struggling with their math homework, and to motivate students to seek a career in math.

Mindfulness Club: Mindfulness Club's mission is to help students and people be mindful about their actions, emotions, and more through circles, mindfulness practices and peer support.

Native American Club - Is a place to connect with your peers and culture, all are welcome.

S- Club: The S Club's mission is to create a space to support all people and to give each other strength. The club is open to all women and allies alike.

Science Bowl: The Science Bowl Team prepares for and competes at the Redding Regional High School Science Bowl competition in Redding. Teams of four students (and an alternate) compete in five areas:

Biology, Chemistry, Physics, Earth Science, and Mathematics. Winners of the Regional Science Bowl are eligible to compete at the National Science Bowl Competition.

SEA (Students for Environmental Awareness) Club: Take exciting field trips, learn about our coastal habitats, and implement projects to improve the environment.

Youth Educating Against Homophobia (Y.E.A.H.): A gay-straight alliance educating students against homophobia.

Hmong Club: The Hmong Club's mission is to recognize and celebrate our Hmong students and their culture.

STUDENT GOVERNMENT

Every year in the spring, the entire student population (the Associated Student Body or ASB) elects a school president, vice-president, secretary and treasurer. Then the sophomore, junior and senior classes elect their own president, vice-president, secretary and treasurer. The freshman class elects their own officers in January.

Another way to be involved with student government is to apply for the non-elective position of commissioner. Commissioners include athletics, rally/spirit, historians, transitions, and publicity. To apply for a commissioner position, students submit an application. Interviews are held with the newly elected ASB cabinet in May or June. Interested students should contact the Student Activities Director.

All ASB officers, class officers, council members and commissioners are required to take the 4th period Student Government class. To run for office a student must have and maintain a "C" grade point average, have an ASB card and turn in a completed petition to the Student Activities Director. A full list of job descriptions, procedures and petitions are available from the Student Activities Director.

SENIOR INFORMATION

SENIOR PICTURES

Senior Pictures should be taken over the summer or early fall of a student's senior year. The yearbook staff needs all pictures to be turned in to them by early-December.

CLASS RINGS, GRADUATION ANNOUNCEMENTS, INVITATIONS, AND CAPS AND GOWNS

A graduation supply company visits the Eureka High campus in November to take orders for these items. If you miss it, check with the Finance Office for ordering information.

SENIOR PICNIC

In late spring, all eligible seniors attend the Senior Picnic. It is held off-campus and transportation is by bus only. The location is a well-guarded "secret" (even from parents) in order to prevent gate crashes.

SENIOR PROM

This is the annual prom for seniors. It usually takes place in the beginning of June. It is held off-campus. Formal attire is the expectation. Dance photos are available for purchase, information will be distributed prior to the prom.

GRADUATION CEREMONY

Although graduation is usually held in Albee Stadium, it will be under construction during the 2022-2023 academic school year. An alternate graduation site will be identified and graduates will be notified of the alternate location. There are usually no restrictions on the number of guests per graduate. If graduation is held in the gymnasium, each graduate will be limited to the number of guests based on capacity.

GRADUATION PARTY

The Safe and Sober All-Night Graduation Party takes place on the night of graduation from 9:00 PM. to 3:00 AM. This celebration includes activities such as bowling, pool, bingo, music, dancing, food and beverages, and lots of prizes!

This party is not a school sponsored event. All costs are covered by parent and student fundraising. If you would like to volunteer, contact the Main Office for the name of the chairperson.

HONORS AND AWARDS PROGRAMS

Various events honor students throughout the year.

CLASS RANK VS. VALEDICTORIAN AND SALUTATORIAN

For the purpose of scholarships and college applications, Eureka High ranks students based on Academic Grade Point Average (AGPA). This ranking is not made public. The ranking is also used by Eureka High School to determine which ten students will be evaluated for Valedictorian and Salutatorian. A particular class ranking does not guarantee a student's status as Valedictorian or Salutatorian.

VALEDICTORIAN AND SALUTATORIAN SELECTION PROCESS

1. First semester grades become final one week after final exams are complete.
2. The top ten seniors as ranked by Academic Grade Point Averages (AGPA) through the first seven semesters of high school will be identified as finalists. This first ranking will be computed using the Student Information System (PowerSchool).
3. AGPA is computed using semester grades from all subjects, except P.E., non UC/CSU transferable college transfer courses,, peer tutor, and Teacher Assistant, AP, honors, and concurrent UC/CSU transferable college courses are weighted.
4. Incomplete grades will be calculated as an "F" when determining AGPA.
5. Students will be ranked one to ten based on the AGPA and strength of schedule. Strength of schedule is the total scaled grade points earned in seven semesters.
6. The top ranked student will be the Valedictorian.
7. The second ranked student will be the Salutatorian.
8. Ties or extremely close scores at one and/or number two will result in students being named as Co-Valedictorian and/or Co-Salutatorian.
9. Once named, students must maintain good academic performance through the end of semester two. Receiving a grade below a "C" will result in a recalculation of the ranking.
10. Exchange students are not eligible to be ranked for this purpose.

SCHOOL SOCIAL EVENTS

HOMECOMING WEEK

Athletically, Homecoming Week includes football games, soccer matches, volleyball matches, tennis matches, and a cross country event. The week also includes the Hall-of-Fame Induction Ceremony, the parade, homecoming dance, the bonfire, lunch-time events, and numerous other activities.

The parade is on Friday afternoon. It starts and ends at Eureka High and goes through Henderson Center. Floats from each of the classes as well as school clubs and organizations are featured in the parade. Senior students are nominated for Homecoming Queen / King by clubs and classes. Each organization nominates two students to represent them. The dance is held on Saturday night after the football game.

LOGGER CLASSIC

Logger Classic Week includes the traditional Logger Classic Basketball Tournament as well as a week-long Spirit Week with Dress Up Days, Lunchtime Rallies, and a School-Wide Assembly.

DANCE INFORMATION

School dances sponsored by the student body are held at various times during the year. Eligible EHS students may attend. Guests require prior approval by school administration. It is the student's responsibility to obtain an administrator's signature. Guest pass forms are available in the Finance Office or Main Office. Students may leave the dance at any time, but will not be allowed back in. Advance tickets may be purchased in the Finance Office.

EMPATHY WEEK

Overall the goal of Empathy Week is to create a safe and welcoming school environment for everyone at Eureka High through empathy and kindness. The goal is to push the messages of empathy forward and create happiness among peers.

SPRING FEVER WEEK

The juniors and the seniors will play flag football on the football field in the annual Powderpuff Game. Additionally, the Academic Fair offers a chance for students to demonstrate all their hard work.

TRANSPORTATION

PARKING

The student parking lot is on the Marshall Campus between I and J street and is shared with District Office staff. The parking lot located at Del Norte and K Streets and the one behind the main building are for ECS Staff only. Cars of students parked in the staff or visitor parking areas are subject to towing. All expenses for towing and impound are the responsibility of the student. Students may park on the EHS side of Del Norte and J only. The residential side of Del Norte and J street, along with the surrounding neighborhoods are city permit parking only. Non-permitted vehicles parked in these zones are subject to being ticketed. Students must follow the directions of all posted signs.

SCOOTERS, SKATES, SKATEBOARDS, AND ROLLERBLADES

Since these items can be hazardous to the rider and others around him/her, they may not be used on campus at any time—before, during, or after school. Once at the Eureka High School boundaries, students should carry the skates, skateboards or rollerblades to their locker and walk scooters to bike racks to be locked up.

DROPPING OFF AND PICKING UP STUDENTS

Students may be dropped off in front of the Main Building prior to the start of school.

When picking up students at EHS please do not double park in the street. This is a safety hazard, and you may be cited for this. Before being picked-up during the school day, students must obtain an Off Grounds Permit from the Attendance Office.

BUS SERVICE

ECS offers a limited number of bus routes within established bussing zones. In order to ride, students must attend their School of Residence and live outside of the non-transportation zone. The Student Bus Registration/Information Form must be completed. The bus schedule is published online. If you have questions, call the Transportation Department at 441-2503.

BICYCLES

Students riding a bicycle to school are responsible for placing it in a bike rack and locking the bike to the rack. Racks are located at the J Street entrance between the main and science buildings and in front of the gym. The school does not assume responsibility for any bicycle. Bicycle riders must obey all safety laws, including wearing a helmet. Bicycles are not to be ridden on campus at any time - before, during, or after school.

OTHER INFORMATION

ASB CARDS

The sale of Associated Student Body (ASB) Cards helps fund school activities, while giving free admission to games, discounts to dances as well as reduced prices on other school events/items. Students are strongly encouraged to purchase student body cards.

The price for ASB Cards is established by the Student Council and currently is \$25.00. Cards may be purchased in the Finance Office anytime during the school year.

CAMPUS SECURITY

Eureka High School has a full-time campus supervisor as well as a Eureka Police Department School Resource Officer (SRO). School personnel monitor the school hallways and outside campus areas. All security personnel carry radio transmitters. A patrol car cruises the campus perimeters during the day. Twenty-four hour security cameras are placed at various public locations on the campus. There is additional adult supervision at games and dances.

DAILY BULLETIN

Eureka High School produces a Daily Bulletin, which offers a wide variety of information important to students. Teachers read the Daily Bulletin to students during 1st period. It is also posted in most classrooms and outside the Main Office. The Daily Bulletin includes announcements on testing, club and class activities, upcoming events, meetings, holidays, staff development days, school pictures, schedule changes, lost & found items and more. Parents may read the daily bulletin via the link in the parent access in PowerSchool.

DRIVERS' EDUCATION

Driver Training is not provided; students must make their own arrangements with a licensed instructor. Only after the student has had a first lesson with a licensed instructor will their Learner's Permit be valid. Students should work with the DMV through this process.

EHS SPIRIT WEAR

School sweatshirts, shirts, and other clothing items are available through the Finance Office.

LIBRARY

The library at Eureka High School is open on school days from 7:30 a.m. to 4:00 p.m. The library staff consists of a library media services teacher on special assignment who works with classroom teachers and individual students. She is assisted by a library technician. The library staff's goal is to assure that students become effective users of ideas and information, emphasizing information literacy.

The library houses over 15,000 books, has access to ebooks and audio books, and subscribes to online databases for your research needs. The library has an automated catalog enabling students to locate materials easily; a link to the catalog can be found on the Eureka High School website. There are no late fines, however, lost or damaged items will be billed. Overdue items or unpaid fines can prevent students from participating in certain activities, such as dances.

The EHS library accepts gifts of books and periodical subscriptions from parents, students and the community.

LOCKERS

Every student at EHS is issued a book locker through the Finance Office. Locker assignments are listed on the student's schedule. It is important to lock your locker at all times. Sharing of combinations is strongly discouraged. The school retains the legal right to search student lockers. If a locker jams or has some other problem, students should contact the Main Office.

Students enrolled in P.E. will also be issued a gym locker and lock. Please use them. Items left sitting out or in an unlocked locker become an easy target for a thief. Contact the P.E. Department for problems with gym lockers.

LOST AND FOUND

Lost and Found is located in the Attendance Office. There is also a Lost and Found in the P.E. Department.

TEXTBOOKS AND CHROMEBOOKS

Textbooks, Chromebooks, and other items are issued through the library. Students are responsible for keeping track of these items and maintaining them in good condition. Chromebook insurance is available to be purchased each new school year. All school issued textbooks should ideally have a book cover, and Chromebooks should have a protective sleeve of some type. Students should not switch items with other students, as each item is checked out using a specific barcode that is assigned to their own account.

Students are responsible for the replacement or repair costs of lost or damaged items. Students will not be able to participate in school dances until all delinquent payments are paid and/or overdue items are returned.

STUDENT PREVIEW VISITS

Parents and students making a decision about which high school to attend often ask to visit Eureka High School. We encourage these visits to allow informed decisions to be made. These are not shadow days so friends can have their friends visit. The following procedure will be used:

- Call the Main Office at 441-2508 to schedule a shadow. It is important to relay what classes the potential student is interested in, as well as any sports teams or extracurricular activities they would like to know more about.
- Administration will email teachers to be visited.
- Partial or full days can be arranged.
- The potential student will check in and check out at the main office on the day of shadow.

SCHOOL PICTURES

All students are required to have a school picture on file in the Main Office. Each fall a photographer comes on campus to take these pictures. There is no fee for this service. The photographer also offers a variety of picture packages for student purchase.

VALUABLES

Students are discouraged from bringing large amounts of money or other valuables to school. On the rare occasion when it is necessary, students can leave valuables with the Finance Office for safe-keeping during the school day. The school does not assume any liability for lost, damaged, or stolen items.

VISITORS

Parents and guardians are welcome to visit the Eureka High School campus. Call or stop by the Main Office to schedule your visit. Students are not allowed to bring student visitors to the campus during the regular school day.

YEARBOOKS

Students produce the *Sequoia*, the Eureka High School yearbook. The class is open to 11-12 graders. Yearbooks may be purchased in the Finance Office. It is best to buy them in the fall, as they become more expensive as the year progresses.

The Cornell System for Note Taking

The Cornell note-taking system was designed by Walter Pauk, emeritus, at Cornell University. To use this system you will need a large loose-leaf notebook. This allows you to insert class handouts, rearrange notes easily, or remove notes to spread them out and study. Numerous web-pages exist with further information and the ability to print customized note pages.

Page Layout

The distinguishing feature of the Cornell system is the layout of the page on which you take your notes. The page layout includes large margins on the left and bottom of the page. A picture of this layout (not to scale), with dimensions, is shown below.

Note Taking Area

The space to the right of the vertical margin is where you actually record your notes during the lecture. Pick a note-taking format with which you are comfortable -- there are no hard-and-fast rules for this aspect of the Cornell system. However, you should not attempt to transcribe verbatim every word spoken by the instructor. It is usually not difficult to separate the essential material from the non-essential. For instance, if information is written on the blackboard, it is probably important enough to include in your notes. To avoid missing information during the lecture, you should develop a system of abbreviations you understand, and you should write in telegraphic sentences (where you only include enough words to carry the essential meaning) or similar shorthand that is often used in cell phone text messages. As you take notes, realize that your emphasis should be on the key ideas, rather than the actual words used to convey those ideas.

The Cue Column

The space to the left of the vertical margin should be reserved for a cue (or recall) column. You should not write in this area during the lecture, while you are taking notes. The cue column is not created until you review your notes (which, ideally, you do as soon after class as possible, and certainly before the next class). As you study the material in your notes, you should devise questions which the notes answer (think "Jeopardy"). These questions are the "cues" that should be written in the cue column. By writing questions, you are forced to think about the class material in a way that clarifies meaning, reveals relationships, establishes continuity, strengthens memory, and attempts to predict test and exam items.

The Summaries

The area below the horizontal margin near the bottom of the page should be reserved for a summary of the notes on that page. A summary is brief -- at most, only a few sentences. The page summary provides a concise review of the important material on the page. More importantly, in writing a summary, you are forced to view the material in a way that allows you to see how it all fits together, in a general sense. The summary should be written in your own words... helping you to own the information.

Cornell Notes

Name
Date
Class
Period

- | | |
|--|--|
| <ul style="list-style-type: none">• Main Idea• Key• Question
(after notes are completed) | <ul style="list-style-type: none">• Key words & ideas• Important dates/people/places• Repeated/Stressed Info• Ideas/brainstorming written on board / overhead projector• Info from textbook/stories• Diagrams & Pictures• Formulas |
|--|--|

Summary of your notes in your own words